

do all THINGS WITH love

ROOM TO REFLECT

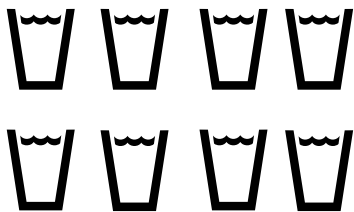
TO DO

-
-
-
-
-
-
-

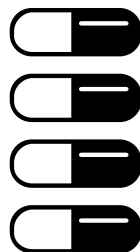
! MUST DO!

SYMPTOM TRACKER

WATER



MEDS



SELF CARE

